

# Knights at the Table Newsletter

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August 2025



## FREE MEALS

We are excited to be able to offer free meals to all students again this school year!

While we are still awaiting a 2026 State budget we are able to still offer free breakfast and lunch with our Community Eligibility Provision Status.

What's in a meal?

Free meals only include the first full meal containing the main entrée, fruits, and/or Vegetables & a milk.

Anything extra is considered A la Carte and will be charged to your students' account if they have money in it. Negative balances are not allowed, so we will only allow students to get extras if they have money in their account.

Please remind your students all Breakfasts must contain 1/2 C Fruit & all lunches must contain a 1/2 cup of Fruit or Vegetable.

## LINQ CONNECT APP

The Linq Connect app can be used to see menus, add money to your students lunch account and fill out the Education Benefits Form.

## EDUCATION BENEFITS FORM



Even though meals are free for all students we request families still fill out the Education Benefits Form. Qualifying students will receive waived school fees, play to play, etc.

This qualification resets every year on July 1<sup>st</sup>. You need to fill it out every year.

If you have received a letter after July 1<sup>st</sup> 2025 stating you qualify you do not need to fill another one out.

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## SNACK & CELEBRATE

We have a new snack and celebrate program for our Elementary schools! This program allows families to purchase classroom snacks through our food service department. These snacks are smart snack approved and delivered straight to the classroom.

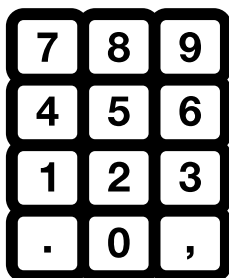
The menu is linked below, it has allergens and prices listed. There is a link on the menu to place an order. You will receive a confirmation email when you place the order. The money will be taken out of the students lunch account 2 days before the celebration.

[Snack & Celebrate Menu](#)



## MENUS

Menus can be found in the Linq Connect app. They will also be published on our website (under Food Service). Elementary will contain Breakfast and Lunch. Middle School will have Breakfast and Homestyle Menu. High School will have Homestyle Menu. Elementary menus will also be emailed out through school messenger monthly.



## INCOMING 2<sup>ND</sup> GRADERS

We use a keypad at the checkout of our serving lines. We ask students to learn their ID number in 2<sup>nd</sup> grade. We need your help practicing their Student ID number with your student(s)!

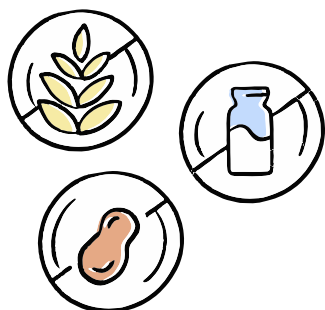


## AFTER SCHOOL MEALS

We are excited to introduce this program in our secondary buildings! Starting Monday, September 8<sup>th</sup> we will be offering FREE “supper” to KH enrolled students Monday - Thursdays. Meals will be served in the cafeteria at the Middle and High School at release time for 20 minutes. Students are required to eat the meal on campus.

## ALLERGIES

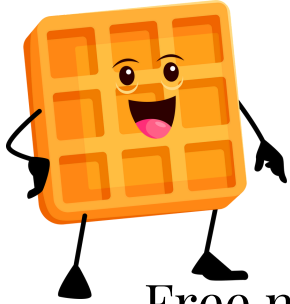
If your child has an allergy or health concerns, please contact Megan Johnson at 616-965-4290 or [MeJohnson@khps.org](mailto:MeJohnson@khps.org)



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## Breakfast

Free meals include FREE Breakfast! Have your student start their day off with the most important meal of the day! Below is the time and location of breakfast at each school.

Alpine: 8:30am in the hallway.

Central: 8:30am in the cafeteria.



Zinser: 8:30am in the Cafeteria, Kindergarten 8:45am in the cafeteria.

Middle School: 7:25am in the cafeteria & 2nd chance breakfast after connect in the hallway and cafeteria.

High School: 7:15 in the cafeteria & 2nd chance breakfast 8:40-8:50 in the cafeteria and hallway upstairs.

\*Reminder: While Middle and High School serves breakfast twice, students are allowed one free breakfast per day.  
Any extra meals will need to be paid for.