

# Kenowa Hills Middle School Breakfast Menu

## September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1  <b>Smoothie Variety</b> Giant Goldfish Cracker  <b>Breakfast Bread Variety</b> Cereal Variety Pop-Tart Variety Fruit Variety	2 <b>Sausage Cheese Biscuit Sandwich</b>  Second Chance: <b>Frudel Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	3 <b>Mini Waffle Variety</b> <b>Mini Pancake Variety</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety	4 <b>Breakfast Pizza, Sausage Gravy</b> <b>Breakfast Pizza, Turkey Sausage</b>  Second Chance: <b>Mini Bagel Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	5 <b>Fancy Donut</b>  Second Chance: <b>Donut Variety</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety
8  <b>Smoothie Variety</b> Giant Goldfish Cracker  <b>Breakfast Bread Variety</b> Cereal Variety Pop-Tart Variety Fruit Variety	9 <b>Stuffed Hashbrown</b>  Second Chance: <b>Benefit Bar Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	10 <b>Cinnamon Roll</b>  Second Chance: <b>Cinnamon Bun</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety	11 <b>Waffles &amp; Bacon</b>  Second Chance: <b>Donut Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	12 <b>Sausage &amp; Cheese English Muffin Sandwich</b>  Second Chance: <b>Breakfast Yogurt Variety</b> Granola  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety
15 <b>Pancake Wrapped Sausage</b>  Second Chance: <b>Cinnamon Bun</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety	16 <b>Bagel</b> Cream Cheese  Second Chance: <b>Mini Bagel Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	17 <b>Chicken Biscuit Breakfast Sandwich</b>  Second Chance: <b>Mini Waffle Variety</b> <b>Mini Pancake Variety</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety	18 <b>Breakfast Burrito</b>  Second Chance: <b>Frudel Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	19 <b>Fancy Donut</b>  Second Chance: <b>Donut Variety</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety
22 <b>French Toast &amp; Pork Sausage Links</b>  Second Chance: <b>Cinnamon Toast Crunch Bar</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety	23 <b>Smoothie Variety</b> Giant Goldfish Cracker  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	24 <b>Cinnamon Roll</b>  Second Chance: <b>Cinnamon Bun</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety	25 <b>Waffle &amp; Cheese Omelet</b>  Second Chance: <b>Benefit Bar Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	26 <b>Egg, Bacon &amp; Cheese on a Croissant</b>  Second Chance: <b>Mini Pancake Variety</b>  <b>Cereal Variety</b> <b>Pop-Tart Variety</b> <b>Breakfast Bread Variety</b> Fruit Variety
29 <b>Sausage Gravy Bites</b>  Second Chance: <b>Cinnamon Bun</b>  <b>Breakfast Bread Variety</b> Cereal Variety Pop-Tart Variety Fruit Variety	30 <b>Sausage Cheese Biscuit Sandwich</b>  Second Chance: <b>Frudel Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	<p>Breakfast &amp; Lunch Free to all students!</p> <p>1% White &amp; Chocolate milk offered daily.</p> <p>This institution is an equal opportunity provider.</p>		

Menu subject to change.