

# Kenowa Hills Early Childhood Center Menu

## September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 <b>Yogurt Cup</b> Graham Crackers Diced Pears  <b>Grilled Cheese</b> Steamed Broccoli Orange Smiles	3 <b>Giant Goldfish</b> Peach Fruit Cup  <b>Chicken Nuggets</b> Mashed Potatoes Gravy Mixed Fruit	4 <b>Cereal</b> Applesauce  <b>Turkey &amp; Cheese Sandwich</b> Cucumbers Diced Pears	5 <b>Muffin or Elfin Loaf</b> Bananas  <b>Mini Maple Pancakes</b> Cheese Omelet Sweet Potato Fries Strawberries
8 <b>Cereal</b> Grapes  <b>Chicken Sandwich</b> Pepper Strips Apple Sauce Cup	9 <b>Mini Maple Pancakes</b> Diced Pears  <b>Personal Cheese Pizza</b> Mandarin Oranges Steamed Peas	10 <b>Giant Goldfish</b> Apple Sauce Cup  <b>Mac and Cheese, WG</b> Steamed Broccoli Mixed Fruit	11 <b>Cereal</b> Peach Fruit Cup  <b>Taco Stick</b> Refried Beans Apple Slices	12 <b>Muffin or Elfin Loaf</b> Bananas  <b>French Toast Sticks &amp; Pork Sausage</b> Tater Tots Sunrise Fruit
15 <b>Cereal</b> Grapes  <b>Cheese Quesadilla</b> Black Beans Orange Smiles	16 <b>Yogurt Cup</b> Graham Crackers Diced Pears  <b>Turkey-Ham &amp; Cheese Pocket</b> Corn Chilled Pears	17 <b>Giant Goldfish</b> Diced Pears  <b>Chicken Nuggets</b> Mashed Potatoes Gravy Chilled Pineapple	18 <b>Cereal</b> Applesauce  <b>EZ Jammer</b> Cucumbers Chilled Peaches	19 <b>Muffin or Elfin Loaf</b> Bananas  <b>Bosco Sticks</b> Green Beans Cantaloupe & Honeydew
22 <b>Cereal</b> Apple Slices  <b>Hamburger</b> Baked Beans Chilled Pineapple	23 <b>Yogurt Cup</b> Graham Crackers Diced Pears  <b>Grilled Cheese</b> Steamed Broccoli Orange Smiles	24 <b>Giant Goldfish</b> Peach Fruit Cup  <b>Chicken Nuggets</b> Mashed Potatoes Gravy Mixed Fruit	25 <b>Cereal</b> Applesauce  <b>Turkey &amp; Cheese Sandwich</b> Cucumbers Diced Pears	26 <b>Muffin or Elfin Loaf</b> Bananas  <b>Mini Maple Pancakes</b> Cheese Omelet Sweet Potato Fries Strawberries
29 <b>Cereal</b> Grapes  <b>Chicken Sandwich</b> Pepper Strips Apple Sauce Cup	30 <b>Mini Maple Pancakes</b> Diced Pears  <b>Personal Cheese Pizza</b> Mandarin Oranges Steamed Peas	Breakfast & Lunch Free to all students!  White milk provided with each meal.  This institution is an equal opportunity provider.		